

## The Main Essences of the Development of Spiritual and Spiritual Consciousness in the Upbringing of the Young Generation

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**Abstract:** This article provides information about the spiritual growth of young people and the main essence of raising them to become upstanding people in the future. Among them, the great educational and cultural ideas told to young people in the works of the first president of the Republic of Uzbekistan were put forward and analyzed. Also, information is provided about the conditions created for our youth. The main goal of the article is to educate our youth with moral, enlightened, educational and correct manners. For this, we, parents and teachers, need to be able to guide our youth in the right way. We are all responsible for the spiritual growth of our youth and for them to become ideal people in the future, to become exemplary specialists in their chosen profession.

**Keywords:** Spiritual mature person, spiritual consciousness, educational reforms, spiritual thinking, education, spiritual thinking, national values, spiritual gap, globalization.

### Introduction

In the years of independence in the Republic of Uzbekistan, it would not be wrong to say that the feelings of patriotism and love of our people for this great land, the motherland, and the nation's confidence in the future have increased even more. Islom Karimov, the first president of the Republic of Uzbekistan, described how we achieved independence in his work entitled "Uzbekistan on the threshold of independence" or originally, "O'zbekiston mustaqillikga erishish ostonasida". In this work, the phrase "Independence does come by itself, the bird does not fly to the sky without effort" was not mentioned for nothing. In his work "High Spirituality - Invincible Power"(Yuksak ma'naviyat – Yengilmas kuch) our minors have been described as "the future of our country, the tomorrow of our people, the reputation of our country in the world community depends mainly on how our children grow up and what kind of people they become. We should never forget this truth", he says. The President's trust in the youth is incomparable. Until now, our young people have been showing active results in every field. It is known that the process of globalization is entering our life quickly and deeply. Globalization is, first of all, in the process of an incomparable acceleration of the pace of life, the strengthening of various integration and cooperation between countries, the rapid spread of modern information technologies and scientific achievements, the acquisition of a new quality of communication between peoples, the emergence of opportunities for mutual cooperation - this is the positive significance of globalization, but it is emphasized that another aspect of the globalization process today is that it

is becoming a weapon of ideological influence on young people, a stage of struggle between various political and ideological forces. In order for the upbringing to be without any flaws, it is absolutely impossible to allow a gap, especially spiritual gaps to appear in this matter. If a spiritual void begins to form in the youth, the mental and spiritual development of our youth will slow down. Currently, a humongous spider's net that is known as social network has emerged all over the world, and this network has become an integral part of young people's lives. It is now the essence of young people's lives, and they cannot imagine their lives without such a factor. This thing has more of a negative effect than a positive effect on the growth of the spiritual image of young people. This is probably the reason why young people fall under the influence of various unnecessary ideas, and at the same time, their moral education is disturbed and it has a negative psychological effect. Another reason for such a sad situation among our youth is the dependence of our youth on social networks. The reason is that social networks have a strong spiritual and psychological influence, especially on teenagers. Adolescents are prone to social outbursts and virtual worlds, resulting in weakness and nervousness in their mental state. So, it can be seen that the reason why our young people fall into the path of crime is widespread information attacks through social networks that affect the mind, heart and soul of a person. It is known that today there is a great struggle and competition in the world, and the conflict of interests is increasing. That is why it is necessary to form the immunity of our youth against spiritual emptiness. For this reason, youth education is always in the center of attention of our country, and this process continues continuously since the years of independence. In general, with all the laws on youth adopted in our country, issues such as ensuring the quality education of our youth as well as their activity and participation in the international arena, social and economic protection of minors, orphans, families with many children, identification and support of talented young people are under constant control, and this situation is very gratifying, it means that our president always pays attention to our youth. It is worth noting that in our country, special attention, love and care are being shown to children who are deprived of parental love, upbringing and have limited opportunities. Issues of strengthening of the material and technical base of orphanages, boarding schools and pre-school education institutions step-by-step, fundamental improvement of the educational process have been defined. The role of the neighborhood and the general public in the education of young people who are the builders of a new society is great. As a pedagogue, I realized that most of our young people are interested in acquiring new knowledge. All conditions have been created for the education of our youth. Nowadays, attention to the education and upbringing of our youth is at a very high level. The role of education and training in shaping the mental state and spiritual consciousness of the future generation is incomparable. Education begins first of all with the family. When a child is born in a family, the roots of education are formed by the parents. Along with their parents, teachers, enlightened grandfathers, neighborhood activists should also be active in raising and educating our youth. It is not for nothing that it is said in our nation, "Seven neighborhood parents for one child". We need to take into account the interests of young people in the formation of spiritual maturity and spiritual consciousness of young people. This is formed by teachers and psychologists during school. Every student has an interest in science. Some students are interested in mathematics and physics, while some students are interested in chemistry and biology. In forming the morale of school-aged students, their participation in events and contests held by the school management should be ensured. For example, in most schools nowadays intellectual games "Zakovat", sports competitions, memorization of ghazals and rubai, festivals for the great thinker Alisher Navoi and great general, the king and poet Zahridin Muhammad Babur are held every week between classes. In order for students to make good use of their free time during the school year, various science clubs are organized, and our young people are able to take and read the books they are interested in from the library. Today, more than ever, we understand how true the well-known enlightener Abdulla Awlani's profound words are: "Education is a matter of life - or death, or salvation - or destruction, or happiness - or disaster" for us. We can conclude from this that our future, our tomorrow is definitely in the hands of the young generation. It is one of our main responsibilities to raise our young people to become

spiritually mature and ideal people. In order to improve the mental condition of children from school age, school psychologists conduct trainings and various questionnaires for them. The main purpose of this is to eliminate the deficiencies in the mental development of young people, their speaking activity, and their thinking. President Shavkat Mirziyoyev declared 2024 as the "Year of Youth and Business Support" in the Republic of Uzbekistan. From this we can conclude that our president has a high level of trust in young people. At present, extensive reforms are being implemented to enroll students who graduate from schools into higher education institutions. Currently, all conditions have been created for young people to receive quality education. "Youth Agency" was established to solve the problems of young people. Interest-free loans have been allocated for our youth to engage in entrepreneurship in each neighborhood. The main goal of this is to form the spiritual thinking and spiritual consciousness of all young people, to make them become perfect people in the future, and to train them to become specialists of their profession. First of all, we should call young people to glorify our national values, honor our national history and ancestors, and respect our national and cultural traditions. As long as we live in an independent country, we must remain a free and prosperous country. One of the most important tasks of our state is to develop a spiritually mature person, to improve the education and training system, to bring up a new generation based on the idea of national revival. We need to inculcate virtues such as hard work, tolerance and generosity in the behavior and manners of our youth. Our main goal is to show the reforms implemented for the education of our youth and their spiritual growth. The organizational and legal foundations of the state policy on youth can be seen in the activities of organizations working with young people. If we take into account that youth is the force that determines the future of every country, we can witness that in almost all countries of the world, national concepts for the implementation of youth policy are being developed and effective activities are being carried out. In this sense, the issue of youth in the Republic of Uzbekistan is one of the most priority areas of state policy. That's why young people have always been recognized as an active layer of society.

## **Conclusion**

In conclusion, we need to encourage young people to use their free time effectively for their spiritual, educational and cultural growth. It is necessary to ensure the activity of spiritual events held in schools and higher education institutions. Involvement in various science clubs, theater, auditions and competitions is one of our main tasks. The future of the great country will also be great. The trust of the whole nation, our people and our president are great in the young generation. Therefore, let's raise our children to become people worthy of this great country. We should always show them the right way and help them become mature specialists of their profession in the future.

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